

Morning Prayer

Thank you, Lord, for this new day;
for the dawn which is the sign of your love,
for the light which is the sign of your presence,
for the warmth of the sun
which is the sign of your care for me.
I start this day with trust in you, O Lord.
Maybe it will be an ordinary day,
a day of work and study,
but I offer every hour of this day to you.
I pray for all those I will meet today.
May I bring some joy and peace to their lives.
Thank you, Lord, for the gift of this day.

Evening Prayer

This evening, Lord, I want to give you thanks.
I thank you for all the good things of this day,
for the people whose friendship I value,
for the work well done,
for deadlines met,
for my home and my family
and for the food I enjoyed,
Again I thank you, Lord.
May the darkness of this night
take with it the bitterness of today;
may the sunset put to rest my anger,
and the starlight be a reminder
that your forgiveness never fails

A Lenten Prayer

Lord Jesus, by your passion, death and resurrection you have set us free from sin and death. May your grace renew our hearts this Lent and help us to turn from sin in our lives. May we never forget the sacrifice you made for us. Accept our prayer and acts of charity during this season of Lent. Strengthen our faith so that we may be a sign of your love to all those we meet. Amen.

A Prayer for Forgiveness

Loving God, during this season of Lent we try to look at ourselves openly and honestly, but we find this so hard to do for we are blind to our faults and failings. Search us, we pray, forgive our sins and have mercy on our weakness; and through your love create a clean heart and a pure spirit within us.

A Prayer for People who are busy.

Lord, we are always so busy, under so much pressure, with so much to do. We rush around day after day with never a moment to spare. Yet so often we forget the one thing that really matters - to make time and space in our lives for you. Lord, teach us to be still and to know your presence in our lives. Amen.

The Spirit of Lent

Lord, we thank you
for all those who reach out in your name,
all who try to express
your love in their actions -
those who bring food to the hungry,
healing to the sick,
shelter to the homeless,
justice to the oppressed;
all who work for a better world,
a more just society,
a more caring planet.
Give us the courage
to support their work
in whatever way we can -
by giving our money,
by offering our prayers
and, maybe, one day
joining them in their work.
By following their example
may we show the care and compassion
of God to those who are in need.

Prayers and Reflections for the Season of Lent

